



the fruits

Marketing professor Louis Pol was one of three UNO faculty members to be honored.
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The University of Nebraska at Omaha

Gateway

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Good
Catch



Solid offensive and defensive play led the UNO baseball team to another win.
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Task Force Recommends Business Approach

By Kate Kalamaja

Developing a new college from UNO's fledgling Information Science and Technology (IST) program was among the recommendations an IST task force released last week.

The task force made five recommendations to implement educational and training programs at UNO.

Jim Suttle, chair of the task force and executive vice president of HDR Engineering, and UNO Chancellor Del Weber reported on the progress. Members of the task force included members from several businesses and also members from UNO, including Mary Bruning, dean of Continuing Studies, and Jack Newton, interim vice chancellor for academic affairs.

The recommendations include:

- The IST program should clearly identify its primary "customer" as business and industry.

- The IST program should be "market-driven" and operate on a business basis, with the initial cost shared between the university and the business community.

- UNO should begin to assemble its expertise under a "center," and as the program develops, transition into a full College of Information and Technology.

- The IST program must focus on developing "dynamic courses" whose content is continually updated to reflect changes in business and industry.

- The IST program must immediately have a full-time leader who can initiate and direct the implementation of all

initial recommendations.

At the end of February, leaders of the NU system announced their plans and willingness to work together to provide better engineering education in Nebraska.

The goal of the NU system is to become responsive to the needs of businesses, and to enrich the education of students, said Weber.

The task force was created to evaluate the current NU engineering program, and how it is servicing the business community.

It focused on a study prepared by the Stanford Research

"The entire matter is one of necessitating a timely response."

—Richard Flynn, dean of the College of Education

Institute for the Omaha Chamber of Commerce, who showed a need for personnel in the area of information science.

Also announced last week was the project director for the IST program.

Richard Flynn, dean of the College of Education, will assume the project director position until December, Weber said.

"He is a person who has some knowledge of the whole field. He's well advanced in helping teachers with computer technology."

Flynn said he has a good understanding for all areas of the

university, not just education. He said the whole idea of IST cuts across all areas of colleges.

"He's a good administrator, has good facilitation and organizational skills," Weber said. "He can pull people together."

Weber also said the job will entail a heavy work load of 60 to 70 hours per week.

"He has that type of work ethic," Weber said.

Flynn has been at UNO since 1969, and for the past nine years has been the dean of the education college.

Bob Mortenson, associate dean of the College of Education, will fill in for Flynn.

"I'm sure he will do a fine job," Flynn said.

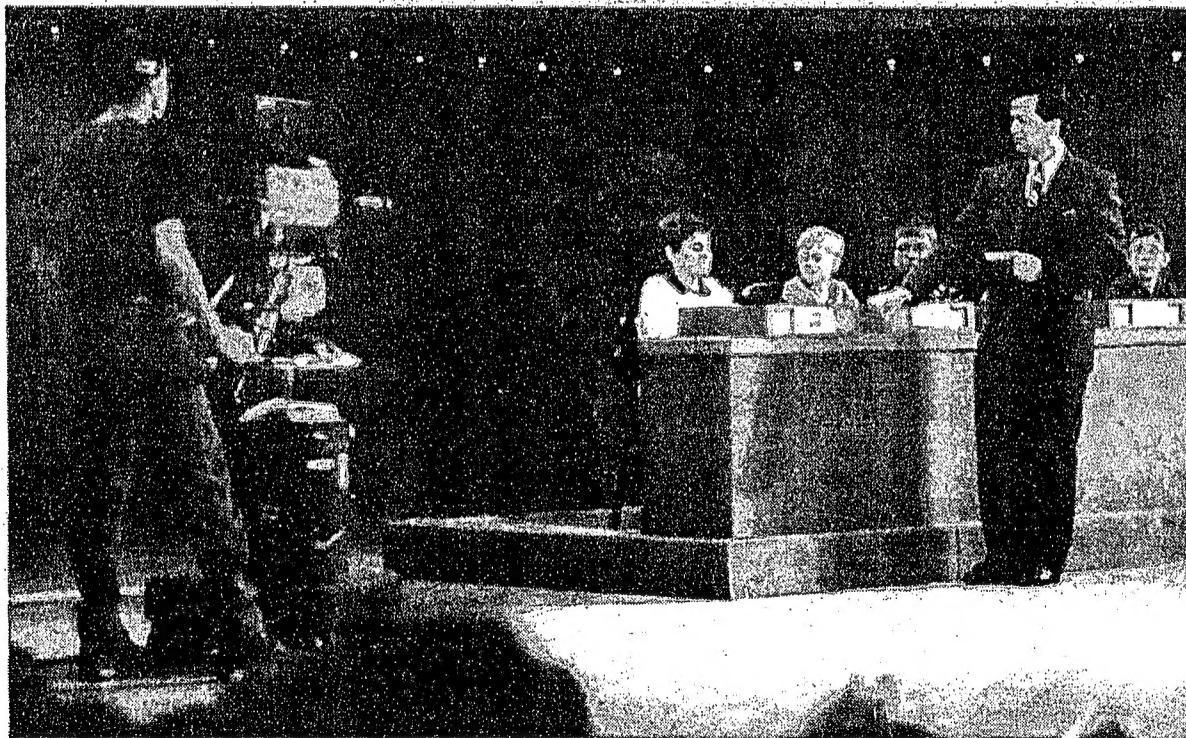
As project director, Flynn will be responsible for taking recommendations from the task force and working to implement them.

He will bring together the appropriate people in the business community; and will form teams made up of faculty members and business leaders to address each specific recommendation.

Some examples, Flynn said, may include finding whether new courses are needed, continuing education in certain areas, or looking at existing courses.

Some of the Omaha businesses representing the

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—Scott Kemper

UNO was the site of the state Geography Bee Friday. Matt Ehlers from Lincoln took first place.

Geography Prepares Place in Future

By Susan McElligott

With technology and economics drawing nations together into a global market, the education system needs to evolve to prepare youth for the future.

Now more than ever, it is important to know who our international neighbors are, said Charles Gildersleeve, UNO geography professor. That's why he has been involved for the past six years in coordinating a state Geography Bee, in an effort to raise interest and awareness in the subject.

"Geographic organizations around the country have said that the school system isn't training our youngsters to learn about themselves as part of a global economy and society," he said.

Geography bees, such as the one held at UNO on Friday, bring children from the fourth through eighth grades together to compete in a mostly oral competition designed to test their geography skills.

Gildersleeve said about 22,300 children in Nebraska originally took part in the bee, which began in January. One hundred children competed at UNO in the state competition, those who qualified by winning their school bees and scoring high on the National Geographic Society's written examination.

At the state competition, students answered questions about location, and also about geography in terms of other disciplines, including politics, economics, literature and his-

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Emergency Room Eyes Improvements

By Veronica Burgher

The University of Nebraska Medical Center's emergency department will be undergoing \$896,640 worth of cosmetic surgery this year.

Celeste Felix, manager of the emergency department at the Med Center, said the planned renovations will make the area more comfortable and speed the treatment process.

To make the emergency room more comfortable, the waiting room will be enlarged and the current trauma area will be sectioned into private rooms, Felix said.

People needing immediate medical attention and those with less serious medical problems will benefit from a new registration area, a walk-in door that is separate from the ambulance entrance and a defined area for nonurgent patients, such as people suffering from colds and ear aches.

Felix said the open care bays used for more serious patients, which currently are separated by curtain will be enclosed in glass.

Also included in the renovation plans are updated mechanisms to prevent the spread of infectious diseases such as tuberculosis, she said.

The project is still in its planning stage, she said, but construction is slated to begin in late July. The renovations are scheduled to be complete by March 1996.

According to the program statement submitted to the University of Nebraska Board of Regents, the renovations are necessary because of a trauma service contract with St. Joseph's Hospital that designates the Med Center as metro Omaha's trauma care center for three days a week.

About 60 patients come through the emergency room on a daily basis, Felix said, but she considers that a low number compared to other area hospitals.

"We certainly are not the busiest in town," Felix said, "there are some hospitals in town that handle more patients a day."



—Scott Kemper

From left, Jennifer Bull, Bill Pratt, Sarah Buchanan and Chris Latta perform at "Showcase UNO."

Sowell, Pol, Freund Net Awards For Excellence in Teaching

By Jonathan Murnane

Last week, UNO rolled out the red carpet to celebrate both students and faculty during honors week.

Rosalie Saltzman, coordinator of the Honors program, said honors week was a time to praise both students and faculty for "what we, the faculty and students, are all really here for, which is academics."

Saltzman was an integral part of getting the honors program started at UNO. The program is about to celebrate its 15th anniversary this year.

The week was packed with events, from Sunday's student honors convocation, which gave awards to students, to Friday's faculty honors convocation.

Student awards that were given out included the Vice Chancellor's Outstanding Leadership Award, Vice Chancellor's award, Dean's Awards, Outstanding Scholar Athlete Award, and others.

At the faculty event, three faculty members were honored for their teaching and research.

Joanne E. Sowell is an associate professor of art history.

Richard A. Freund is a professor of philosophy and religion and also serves as project director of the Bethsaida, Israel Biblical Archaeological Excavations Project.

Louis G. Pol is a professor of marketing in the College of Business Administration.

All three were honored with the excellence in teaching award for their unique teaching methods.

Sowell prepared a mock archaeological site for a course in ancient art history for her students to excavate.

There was also an award for university-wide departmental teaching given at Fridays' reception. The Goodrich Scholarship Program was honored for their work.

Each college at UNO had his own way of celebrating honors week.

The College of Public Affairs and Community Service had a dean's list luncheon. The College of Continuing Studies held a faculty reception.

Various groups and organizations held receptions this week also.

Initiations into the Alpha Sigma Lambda and Omicron Delta Kappa honor societies were held.

"It was cool to be recognized for something so prestigious," said junior Corey Anderson, who was initiated into Omicron Delta Kappa.

Another highlight of the week was the student honors theses presentation.

Students from most of the colleges presented their theses on topics ranging from banking and finance to women and violence.

The greek awards banquet was one of the final events of the week, which honors members of fraternity and sorority members for their academic success and contributions to the community.

Experience Garners Director's Post

By Anne Marie Krahulec

Knowledge from working with disabled students, and a desire to develop workshops and discussions helped a new director get her foot in the door.

Linda Podany was recently appointed the new Disabled Student Agency (DSA) director.

DSA helps students with both physical and "hidden" handicaps, such as dyslexia and other internal handicaps.

Podany was appointed to DSA after the resignation of former director, Karen Lassek.

"The staff (DSA and Student Government) has been more than helpful," Podany said. "I certainly appreciate all the help they have given me."

Currently, all student directors undergo an eight-hour training session to prepare them for their specific agency. They receive stipends, and the positions require at least 20 hours of work per week.

The new DSA director was appointed by Heather Rizzuto, chief administrative officer of Student Government. Rizzuto handles the appointment of all agency directors at UNO.

"They first have to complete an application, then I interview all who have applied for the position," Rizzuto said. "I base it on experience, and ask them specific questions related to the position. Then I choose an applicant from the interviews."

Linda Podany was selected for several reasons, Rizzuto said.

She is currently familiar with the DSA program and the services they offer. She has experience with people with disabilities and older students. She currently works as a part-time accountant, and her long term goal is to counsel and aid people with disabilities, Rizzuto said.

Podany is currently a student at UNO and has taken several classes on and off for the last two years. Podany attended Wayne State University, and receiving her bachelor's degree in business administration.

"I applied for the college of counseling here at UNO," Podany said.

Rizzuto said Podany has several key plans for the DSA.

She plans to initiate programs that allow students with hidden disabilities to better handle job interviews and applications. She also wants to support this program by setting up workshops and discussion groups on the subject here on campus and throughout the community.

Rizzuto said the major factor in the selection of Podany was that she has accounting experience.

"She will be able to handle all the paperwork, bills and other financial statements," Rizzuto said.

Podany will have assistants to aid in her new administration. The aids are student volunteers and faculty and staff

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Breaking News

Hoover Expected to Leave UNO for Hastings Presidency

Richard Hoover, UNO vice chancellor of educational and student services, may leave UNO to become Hastings College's next president.

It was announced Monday that Hoover's name will be submitted to the college's Board of Trustees for approval April 19.

If accepted, Hoover would take over the presidency July 1. He would replace Thomas Reeves, who has been president of the college for the past 10 years. Reeves will step down in June. Hastings College is a private, four-year school with about 1,000 students.

Hoover, who has been a vice chancellor at UNO since 1980, could not be reached for comment.

More Than 1,000 Expected for Women's Walk

More than 1,000 women are expected to take part in the 10th annual UNO/Diet Pepsi Women's Walk on April 22.

The walk is the annual fund-raiser for UNO women's athletics and has raised more than \$600,000 since its beginning in 1985. Last year's event raised \$94,000.

Participants will begin walking on the track at Al Caniglia Field, go around the campus and end in the UNO Fieldhouse, where they will be served brunch.

Call Shirley Fey at 554-3422 to sign up for the walk or to make a pledge.

Funds for UNO Faculty

By Kate Kalamaja

Last week a legislative committee increased the budget for three additional engineering faculty members at UNO.

The total cost: \$300,000 each year.

The increase would have to be approved by the full Legislature, and the governor to pass.

Current figures from the Legislative Appropriations Committee, for the Engineering program at UNO look like this:

\$400,000 for renovation of the current Engineering Building at UNO.

\$175,000 recommended by the governor for planning a new Engineering facility.

\$650,000 each year for new engineering faculty, for a total of 6.5 new faculty members.

Originally, the cost allocated for new faculty was \$350,000, for 3.5 new members, and since last week, that has increased to 6.5 possible new faculty.

Recent moves by Creighton University toward an Engineering program in response to the business community, is something completely different, Weber said.

"I don't know what they're planning."

Renovation of the current UNO Engineering Building should start this summer, said Gary Keefer, interim dean for the College of Engineering.

The majority of the renovation to the building, Keefer said, they hope to get done this summer.

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industry, Flynn said, include HDR Engineering, First Data Corporation, Prairie Systems, Dataflo, Union Pacific and Mutual of Omaha.

Responding to the industry's needs, Flynn said, is important.

"This will impact how we educate students in a rapidly changing field. We have to look at how quickly we can respond to stated industries' needs. We can't take two to three years to implement it," he said.

"The entire matter," Flynn said, "is one of necessitating a timely response."

"We can develop to be true leaders and first in the nation. We have that opportunity. They (businesses) are ready to support it in a number of ways."

'Get Rich Quick From Other's Misfortunes'

So you want to make a million dollars? Sure you do, who doesn't? Well, I have the answer: Go to a fast food joint. Not to work, of course. If you wanted to make a million at McDonalds, it would take about a hundred years. No, the easiest way to make your fortune in the world is to go down to Burger King or the Fallen Arches and order a cup of coffee.

If you go through the drive-thru of a grease slinger shop and order some coffee, you will hold greatness in the palm of your hand. All that remains is to spill said coffee on yourself,

People don't seem to be able to handle themselves very well these days if their morning jolt can send them to the emergency room (come on, not even my old Uncle Mert makes coffee that strong).

I don't think people have really degenerated into such a state of weenieness that they are being physically assaulted by their morning beverages. The real problem lies in the fact that people know they can get away with it. They also know that they stand to profit from it monetarily. So the game of the '90s is to find new and interesting ways to sue people to get rich quick.

The only problem is that this particular game isn't very much fun. In order to protect a business from a ton of lawsuits, they have to put rules everywhere and restrict fun of all kinds. That's why you

can't mosh in a respectable dance bar.

It's not much fun for the average Joe on the street, either. Think how much lower your car insurance would be without all that anti-weenie with a neck brace insurance. Or let's say you get in a fight with someone, and someone throws a punch. Now, I definitely prefer talking my way out of a fix, but if somebody hits somebody else, I really don't believe that its grounds for a court battle. (Really smashing someone or bullying the little people is different; I'm talking about two standard people, one standard hit).

Now, this doesn't mean I'm saying to take a "Wild West" gunfighter stance, or never ever use the courts to right a wrong. You should only use the system if it's the last, best option at your disposal.

In my opinion, the best order of choice for ways to get things to change is: Ask politely, ask harshly, just go ahead and do it if it's possible, and then bring in the law if it's not. Before you get ready to bring in a suit, make sure the insult is intolerable and the motive is justice instead of profit. As a quick little test, imagine your actions being printed on the front page of the paper. If you think you would become the butt of a column on silliness, then maybe you should rethink your actions.

I still say a lot of time, money and hassle could be saved if people just sat down to talk and listen. It works for rocky relationships, dysfunctional families, business misunderstandings and political tensions. The only catch is that both parties have to express their view so the other can see it, and be able to actually listen and know what the other is saying. If everybody can just quit shooting bullets and lawsuits at each other, then maybe we can all sit down and hash out what the real problem is. Maybe over coffee (lukewarm) with a childproof seal, bright orange warnings and trained first aid staff nearby.

and the golden paved road is yours to travel.

That's what a guy found out at Burger King recently. By claiming that the super-heated java seriously burned him, he was able to bring a lawsuit against the company and try for a big bucks out-of-court settlement. Now all the restaurants will either start selling cold coffee (calling it Mcspresso, perhaps?), or putting thermal advisory warnings on their coffee cups.

My problem with all this is that not only is this person who spilled coffee on himself an idiot, but he is also a copy cat. A lady already got a trunk full of cash from McD's for the same thing a while back. If you want to shuck somebody out of a bunch of money, the least you could do is have some style about it.

These days people will sue you for sneezing on them and giving them a cold. Burglars will bring suit against homeowners who don't have proper lighting by the back doors so they won't trip and fall. What really slays my cabbage about this whole sorry state is that the judges allow this sort of slop into the courts in the first place.

If I was a judge in the courts, I would be bucking for a "This is a silly case" escape button on my desk. Maybe a great big button to whack with that neat gavel—BANG! And the losers go through a trap door to get dumped outside. Anyway, my point is that there are too many real criminal cases out there for the court system to worry about all these civil litigation suits.

Another side of this is the convicts in prison who make appeal after appeal and pile tons of paperwork through the system. They have educated themselves in prison to better use the legal system, and then they flood the courts with some pretty frivolous stuff because hey, what else is there to do in the hooscow anyway?

Remember the good old days when, if you got burned by coffee, you just swore a lot and remembered not to spill the next time? Or at the most, went back for a another coffee?



'Writing a Term Paper Can Scare Everyone'

Writing a term paper scares me and all students at first. But once we learn to organize, we will discover that writing such a paper can actually be very enjoyable. But first we have to make sure we know what is meant by "writing process."

In simple terms, writing process is not one single activity but a number of interrelated activities. These activities can be described as: planning, writing and revising.

First, planning. This activity helps the writers find out what they know about a subject or what they need to learn about it before they start writing. In short, it is generating ideas about the paper to be written. After the goal for writing activity as a whole is set, then the writer should organize and group concepts and ideas and think about possible ways to present them.

Writing. The actual writing of the paper makes the ideas visible and available to readers, using notes, outlines, or other results of planning activities to produce text. Revising. It is rereading the writing to see it meets the set goal. It also involves changes in meaning (the addition of deletion of information), and changes in spelling and punctuation. Thus when all the above process is completed the final draft can be submitted. After all of this preparation, each term paper should have an introduction to get the reader's attention. In the introduction you should state the purpose and the main idea of your paper. In order to do that the thesis statement should be clear and well stated. And note that here is a big difference between title, topic sentence and thesis statement, which we are always confusing, and getting a note from our professor that we missed it.

The topic sentence indicates what the para-

graph is about, what it will describe or discuss. And title, a topic sentence is a sentence within a paragraph, not set off from it, but a title is set off from it. And a topic sentence is always a complete thought, whereas a title is usually fragment or part of a complete thought, a topic sentence limits the paragraph, whereas a title expands the composition.

A thesis statement, this is like a topic sentence, however, a thesis statement indicates not what a paragraph is about but what the goals and subject of a research paper is. A thesis statement is the simplest way by which you can relate your goal, subject and purpose of your research. It set forth in a sentence or two the paper's controlling idea—its thesis. A thesis statement is not simply a statement of the paper's subject. A carefully stated thesis introduces and summarizes the entire paper, puts into a nutshell the central idea, which the rest of the paper explores and develops. And always we need to keep in mind that good sentences make good paragraphs, and good paragraphs make good compositions (in a wider sense good papers.) The body of the paper states and develops the main points in the outline. And the conclusion brings the report into focus and ties together the main points made in the body.

You should also make sure that you use certain linking words and expressions to bridge the gaps between the sentences and paragraphs and show how ideas are related. If you use them in the first sentence of a new paragraph, your reader (teacher) sees clearly the relationship between the new paragraph and the one they just read.

Column By Tugba Kalafatoglu

Signed Editorials and columns on this page contain the opinions of the authors. The Gateway does not necessarily hold the same opinions.

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Life Can Be a 'Beach' for Summer Lifeguards

National Park Seeks Lifeguards

By Andrew Bauer

Taking part in a surf-lifeguard pre-employment test may fail to land a role for you on "Baywatch," but it could lead you to a summer on the beach.

Carl Martinez, water safety coordinator for the National Park Service, embarked on a five-week journey April 8 across the United States to test hundreds of applicants interested in summer positions as oceanside lifeguards. He will conduct a surf-lifeguard pre-employment test at UNO's swimming pool today. Applicants should check-in for the test at 12:45 p.m.

"The whole purpose of this," Martinez said, "is to bring this job opportunity closer to people in various regions of the country."

Prior to this testing, the only way to qualify for such employment was to travel great distances to a park and complete the evaluation at the site, he said.

"Your tax dollars are paying for these jobs

— those lifeguard jobs down in the Virgin Islands," Martinez said.

To apply for a position as a lifeguard, you must be at least 18 and an American citizen (Applicants at Gateway National Recreation in New York/New Jersey must be at least 16.).

• While in the water, applicants must escape from various holds administered by an instructor.

• The testing concludes with a one-half mile run that must be completed in under 12 minutes.

that Ph.D. isn't going to help you."

Martinez expressed concern about stereotypes of what lifeguards should look like.

"Many times, erroneously, life guarding on the oceanfront is perceived to be the exclusive domain of the blond, blue-eyed, white

"You can have a Ph.D. in whatever area, but if someone is drowning and you need to start moving quickly, then that Ph.D. isn't going to help you."

—Carl Martinez, water safety coordinator for the National Park Service

A total of 11 sites will be hiring.

The five-part test to be administered at UNO includes the following requirements:

• A 600-yard swim to be completed in under 10 minutes

• A simulated rescue that involves swimming 50 yards to retrieve a dummy, and towing the dummy 50 yards back to the edge of the pool. After exiting the pool, applicants must lift a person weighing about 150 pounds and carry him 50 feet. Finally, the applicant will perform a rescue breathing procedure on a mannequin. This entire task must be completed in under two minutes and 45 seconds.

• An underwater swim

Although the test is physically demanding, it is not impossible, he said.

"We've got people that are over 60 who have been passing this test," Martinez said.

Applicants passing this test and meeting all other requirements will be considered for summer lifeguard positions.

According to Martinez, age and gender do not seem to be a limitation for at least a select group of individuals. Applicants with good physical conditioning usually perform well on the test, he said.

"You can have a Ph.D. in whatever area," Martinez said, "But if someone is drowning and you need to start moving quickly, then

male," he said. "In order to somehow adjust that perception, we strongly encourage women and minorities to apply."

Summer lifeguard positions begin in May or June and end on Labor Day, Martinez said. Depending on location and individual experience, pay for life guarding ranges from \$7.40 to \$14.34 an hour. Relatively low-cost summer housing is also available at most locations, he said.

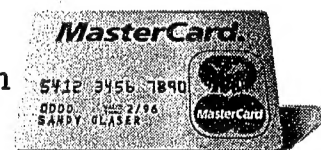
"Everyone ought to have a crack at these jobs that they're paying for," Martinez said. "I hope we see a large turnout of applicants for testing."

For additional information on the surf-lifeguard test, call 1-800-NP-8-SWIM.

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tory, he said.

In its seven years, the bee has seen winners from all areas of Nebraska, Gildersleeve said, including Blair, Sutton, Harrisburg, St. Edward and Omaha. This year's winner was Matt Ehlers, an eighth-grade from Lincoln. John Grill, a sixth-grader from Omaha, took second place.

Ehlers, who won \$100 at the state competition, will advance to the national competition May 30-31 in Washington D.C. The national champion will receive a \$25,000 scholarship and will compete with two other top Americans in the international bee.

Countries that score the highest in international competition are usually places such as the United Kingdom, which requires pupils to study 12 years of geography, or Norway, Poland and the Netherlands, which require eight or nine years of study in the subject, he said. There are no such requirements in the United States, he said.

Programs such as the bee were designed, in part, as a

response to low scores by Americans on standardized geography tests, he said. In 1988-89, American scores were among the lowest of 10 countries in a Gallup geographic survey.

There are several reason why Americans did so poorly, Gildersleeve said. One is that since the 1950s, most schools haven't taught geography as a separate discipline, but as a small footnote in the social sciences curriculum.

Another reason has to do with America's sense of isolation because of the physical distance between it and other continents such as Europe and Asia.

"The United States is on the other side of the world, and we weren't really too interested in other countries because we hadn't really had to deal with them," he said. "We're beginning to realize that we have to now, if we're going to remain competitive."

Gildersleeve said he has noticed much progress since the program began.

"There's a big difference between a few years ago and now


in the responses and abilities of the kids," he said. He said this progress could be due to programs such as the bee that get parents, children and teachers interested in geography.

U.S. schools are beginning to rediscover the need for geographic education, he said. He compared geography to history, saying geography puts events in the perspective of space, and history puts events in the context of time. College teacher education departments and geography departments are teaming up more to provide better geographic education, he said.

"Students need disciplines that help them put things together so they understand better the world as their home," he said.

Gildersleeve said he is committed to promoting geography education, and he enjoys working with the children at the bee.

"Athletics plays such a big role in our American school system, so it's good to give the academic kids a chance to shine. I think it's a very positive program. I just love to see young people achieve and have fun."



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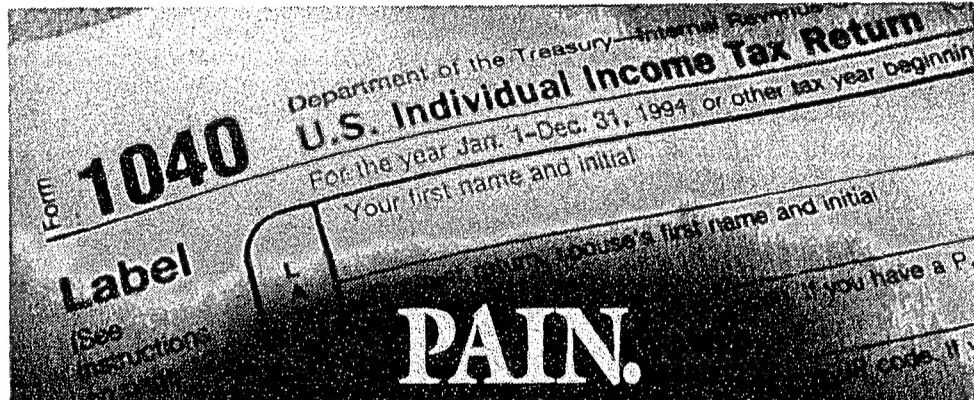
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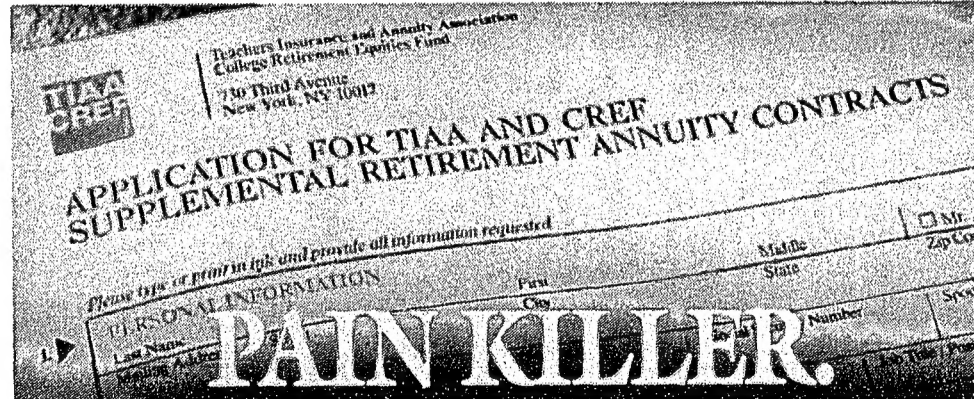
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NEWS AND FEATURES

Mannheim Steamroller's Berkey Takes Time to Teach

By Susan Tefft Fitzgerald

Dawn Leach and Michael Geraghty used words such as "talented" and "a real artist" in describing Jackson Berkey.

These UNO music students won the chance to study with Berkey, a concert pianist and composer, through the Hellmann Visiting Artists and Scholarship Program.

The Hellmann Visiting Artists and Scholarship Program was established in 1993 through a gift from Bertha Hellmann in special tribute and memory of the life of her husband and partner, Robert Hellmann, said Tia Harrison, coordinator of media relations at UNO.

In addition to winning a scholarship of \$1,000 a year for up to four years, Leach and Geraghty have been able to study with Berkey since 1993.

"The university has asked me on several occasions to teach," Berkey said. He was unable to fit it into a schedule full of composing commissioned works, piano performances and commitments with Mannheim Steamroller.

"This time, we were able to work it out," he said.

Berkey said he hasn't worked with college-age students before now. "It was an area I've been wanting to work in," he said.

In addition to teaching, he also holds a master class each month for the piano students. The students play for one another and discuss music history and theory in the master class, which lasts two or more hours, he said.

Another part of his appointment is to give a recital every year, Berkey said. The recital, which benefits the Hellmann Scholarship Fund, was held Sunday.

Leach said she hadn't heard any of Berkey's compositions prior to studying with him. She said that she realized what a talented and accomplished musician Berkey was after listening to him play.

"He can play so many pieces from memory," she said. "It's an effective teaching tool."

Leach, a music education major who will graduate in May, said Berkey was willing to give extra time to help her before her senior recital.

"He didn't get reimbursed for that," she said. "It was out of the kindness of his heart."

"He was the first piano professor to challenge what I thought were my limits," she said. "He helped me become the best musician I can."

"He's more like a friend and mentor to me," Leach said.

Michael Geraghty, a sophomore majoring in music education, said he has become a better pianist since studying with Berkey.

"He doesn't like loafers," Geraghty said. "He pushes you."

Berkey has given him insight and understanding into different musical styles, he said.

"We're seeing through the notes to the true feel of the piece," he said. Working with Berkey has also helped him improve his understanding of what he's playing, he said.

Berkey often discusses other aspects of music, such as putting together a program for a performance, accounting and tours, said Geraghty.

"I enjoy studying with Jackson," said Geraghty. "I hope it continues."

Berkey said his appointment has been extended four or five years, and he plans to stay if his commitments allow it.

From Appointment, Page 2

volunteers who will help with the operations and administrative functions of DSA.

"I'm real excited about it," Podany said. "I want to keep on a positive motion forward. I am not sure about what has transacted in the past, but I want to keep a positive frame of mind. The department here is to help anyone."

Rizzuto was enthusiastic about her decision on the appointment of Podany.

"We are enthusiastic about her taking over the agency director's position," Rizzuto said. "Through her knowledge with working with disabled students and her desire to develop workshops and discussions, she will be able to help the disabled students on campus."

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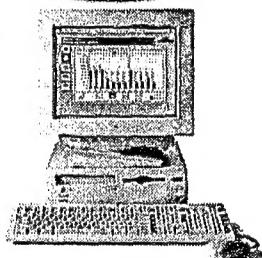
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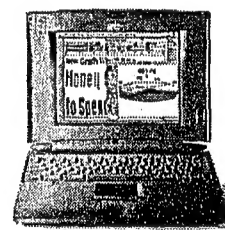
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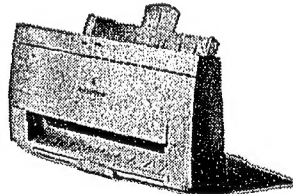
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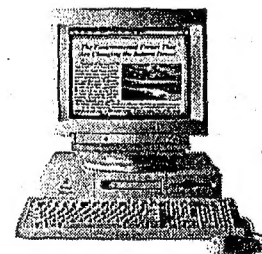
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SPORTS

Defense Strong During Last Spring Practice

By Tim Rohwer

The thoughts now turn to the fall for the UNO football team.

The Mavs completed its spring practice season Saturday with its third and final scrimmage.

The defense had the upper hand during the 90-minute session by holding the offensive team to 173 yards and one score. This compared to the second scrimmage a week ago when the offense gained 373 yards and three touchdowns.

"The defense did well. They played the run well, the pass well, and it's obvious they're drastically improved from last year," said Head Coach Pat Behrns, adding that linebacker Kory Andreasen, lineman Jason Morris and cornerback Pat Davis had a good scrimmage.

"But, there were many more. It was a pretty good overall effort by the defense," Behrns said.

The highlight for the offense Saturday was the performance of senior Jermaine Hill. The 5-foot 8-inch running back from Los Angeles rushed for 86 yards on 14 carries and scored on a 12-yard run. Maurad Cave, another senior this fall, rushed seven times for 33 yards.

At quarterback, sophomore Troy Kloewer completed four of 10 passes for 43 yards, and junior Ray Walker completed six of 14 for 34 yards.

Those numbers apparently didn't impress Behrns.

"I'm disappointed in our quarterbacks' performance. Let's just say they weren't sharp and leave it at that," he said.

Junior MarTay Jenkins, a transfer from North Iowa Community College, led the receivers with two catches for 26 yards. Junior Cale Good caught three passes for 15 yards, and redshirt freshman Jeff Herdzina caught one pass for 15 yards.

Overall, 77 yards were gained in the air by the seven



—Scott Kemper

The Mavs defense showed promise during its last scrimmage. The offense's performance was called, "disappointing."

receivers who caught passes.

There were also no serious injuries during the spring season, Behrns said.

"We learned a lot this spring. Now we know where we need to improve, and that's gaining strength on our lines," Behrns said. "We need to go back to the weight room."

About 50 players competed during the spring season and 24 players, the largest recruiting class in school history, will add to that total this fall.

"Those 24 players will help us in the kicking game, especially with our long snappers, and they'll certainly help us with depth," Behrns said.

Coyotes Howl With Losses to Mavs

By Dave Mollner

Tough pitching and great defensive plays were the key to the Mavs sweeping Saturday's doubleheader, 5-0 and 5-2, against the Coyotes of South Dakota (USD) at College World Series Park.

Mavs sophomore Brian Drake hurled a four-hit shutout in the first game, which he credited his defense for helping slam the door shut on USD.

"I had great defensive help out there today. When you struggle with your control, you expect to give up some runs," Drake said. "Russ Hamer made some great plays at third, but you have to give all the credit to my fielders."

The Coyotes threatened in the fifth inning with runners on first and second and no outs, but Drake got help from his infield with a double play up the middle.

Senior shortstop Bill Ryan stabbed a liner, shot from deep in the hole at third, and fired the ball to senior second baseman Tom Sullivan who finished the play by gunning the runner down at first. With two outs in the fifth, junior third baseman Russ Hamer made a diving play down the third baseline and popped to his feet shooting the runner down at first to retire the side.

The bats came alive for the Mavs in the sixth inning by adding two insurance runs against the Coyotes. Mavs sophomore Greg Geary hit a rope to left center, scoring freshman Chad Hill from second base to put the Mavs ahead 4-0.

Senior Mike Sullivan drove in Hamer with a base rip to center field, finishing the scoring assault to keep the Mavs ahead for good 5-0.

Mavs Head Coach Bob Gates said his team played tough defense and came up with some big-time clutch hits when it needed it most.

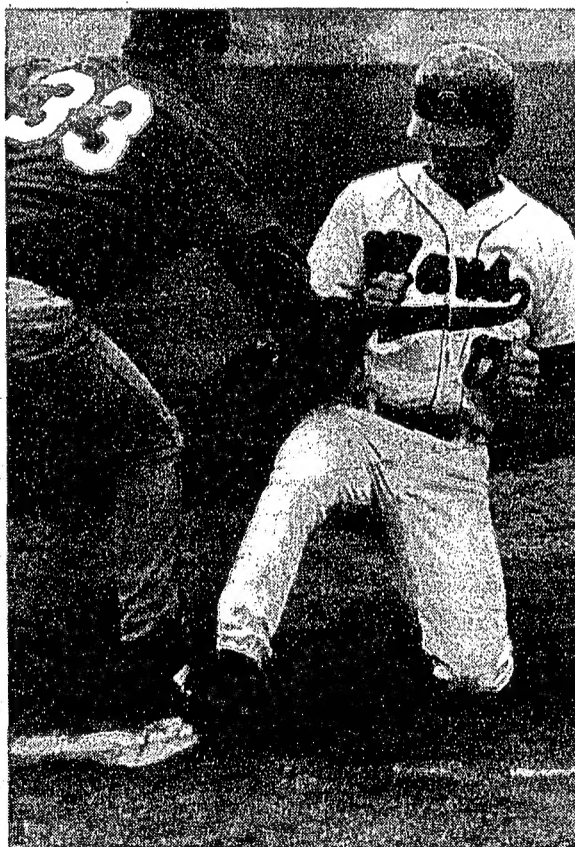
"You know, anytime you walk nine guys and still get a shutout, you're getting a lot of help in the field," Gates said. "I just can't say enough about the way our defense played today."

In the second game of the doubleheader, UNO senior Joe Daneff struck out 10 batters and gave up only four hits en route to a 5-2 decision. Other highlights included a pair of home runs by Ryan, one of which was a two-run shot off the scoreboard in left center field.

Sweeping Saturday's games put the Mavs at 13-8 on the year and 2-2 in North Central Conference play. USD dropped to 9-11 and 2-2.

The two teams met the previous day in Vermillion, S.D., but the result was just the opposite. USD won that doubleheader, 6-5 and 5-2.

Senior outfielder Joe Daneff drove in two runs in the first game with a two-run homer to give UNO a 4-2 lead before the Coyotes



—Dave Mollner

Senior Mike Sullivan gets back to first base before USD's Matt Ossenfort can make the tag.

tied in the game in the sixth. The Mavs took the lead in the top of the seventh when Mike Sullivan scored on a fielder's choice, but USD scored twice in the bottom of the inning to win it.

Mavs senior pitcher Dave Vallinch was forced to leave after four innings because of muscle spasms in his back. Junior Chris Irsfeld replaced him and gave up four runs on three hits in two and a third innings for the loss.

In the nightcap, Daneff hit a solo home run in the third inning. A single by Mike Sullivan in the fifth scored another run, but that was it for the Mavs as USD won in easier fashion.

Junior Troy Charf gave up eight hits with four strikeouts in the loss.

The Mavs hit the road today for a doubleheader against Wayne State at 1 p.m.

USVBA Regionals Sharpens Skills

By Tim Rohwer

The UNO Fieldhouse was alive Sunday with the sound of volleyballs being hit back and forth.

About 44 high school girls clubs, composed of 440 athletes, took part in the regional championships of the United States Volleyball Association (USVBA).

The winners of the various divisions will compete in the USVBA national championships in Tampa, Fla., in July.

While some of the clubs competing Sunday came from the Omaha area, others had a long drive.

"We have clubs here that came in from Ogallala, Norfolk, Grand Island, any high school girl from Nebraska was eligible to be here," said UNO Assistant Volleyball Coach Karen Povondra during the event.

The divisions were divided according to age, with 14 and under the youngest group, and 18 the oldest.

Since the regular high school volleyball season is played in the fall, these clubs, sponsored by the USVBA, help the players continue their volleyball training during the year, Povondra said.

"It gives these players another season to enhance their skills. It's a chance for them to play volleyball almost all year round and therefore, gives them an edge when they play someone who doesn't play in a club," she said. "For the seniors, it also gives them a lot of exposure to the college coaches for recruiting."

Over the years, UNO recruited many club players.

"About half of our players over the years, and our entire recruiting class this year, have been club players. They have a lot more volleyball experience," said Head Coach Rose Shires.

Almost every weekend, the Fieldhouse is the site of a large volleyball tournament, which benefits the UNO program and the school itself, Shires said.

"It brings people to our campus who wouldn't normally come here. It also saves us money, because it cuts down on our recruiting travel. Today, we have hundreds of high school players in our gym that we don't need to travel across the state to watch," she said.

The Fieldhouse was one of four sites for Sunday's tournament, which also took place at the College of St. Mary, Logan Middle School and Bellevue West High School. All together, 151 teams took part.

Track Team Strides To First-Place Finishes

By Tim Rohwer

The UNO women's track team earned five first-place finishes at a meet at Northwest Missouri State Saturday.

Freshman Tina Ellis was a double winner, taking the 100-meter run in 12.37 seconds and the 200-meter in 25.27. Freshman Carrie Butler followed with a first-place time of 58.14 seconds in the 400. She also finished second in the 100 with a time of 12.51.

The other two winners were senior Kim Osler who breezed to a time of 14.30 in the 100-meter hurdles, and senior Sue DelCastillo who leaped to a mark of 39.2 feet to win the triple jump.

The meet featured schools from the North Central Conference (NCC) competing against those in the Mid-American Intercollegiate Athletic Association (MIAA).

"The only NCC school that wasn't there was North Dakota State, and most of the MIAA schools were there, so we felt good about the things we did against that competition," said UNO Coach Tim Hendricks. "Everybody did what we expected them to do."

The NCC won the event with 1,563 points to 1,016 for the MIAA.

"We didn't run the 4 x 100-meter relay because some of our runners were banged up but if we had, I think we would have finished first or second," Hendricks said. "We had the best sprinters there."

In other UNO performances, DelCastillo finished third in the 100 hurdles at 14.61, while freshman Jamie Erkes was seventh at 15.70.

Senior Linda Vondras finished fourth in the long jump at 17.8 feet and seventh in the 100 run at 12.36.

Senior Jennifer Kennedy finished second in the 5,000-meter run with a time of 18:31.07 minutes.

"Jennifer knocked off a second and a half from her time the previous week, so she's really improving," Hendricks said.

Weather played a factor in some of the event, he said.

"Tina's time in the 100-meter was that great because there was a bit of a crosswind and that can affect a runner more than a headwind. It tends to throw you off balance. The weather was cool, but breezy," Hendricks said. "Her time, though, in the 200 wasn't bad. In fact, that was her best time ever."

This Saturday, the Mavs will compete at the Jim Duncan Invitational at Drake University in Des Moines, Iowa.

"It's always a big event and there's anywhere from 20 to 25 schools that compete," Hendricks said. "I think we'll do well, though."

Mav Opponents 'All Wet' in Shortened Weekend Play

By Tim Rohwer

A rain storm Friday didn't damper the UNO softball team as it thundered past North Dakota in a North Central Conference (NCC) doubleheader at Claussen/Westgate Field.

The Mavs beat the Sioux, 9-0 and 6-1, to begin a successful, though shortened, weekend of play, which also included three victories Saturday at the WOWT/Godfather's Pizza Classic at Kelley Field.

UNO defeated Mesa State, 4-0, Minnesota-Duluth, 9-1 and Adams State, 7-0, on the first day of the event. Rain canceled Sunday's games at the tournament.

The weekend action improved the Mavs' record, No. 14 in the NCAA Division II, to 23-12. UNO has also been on a hot streak recently.

"In all of our games last week, we outscored our opponents 57 to 4 and we've won seven straight. The team's really coming along," said Steve Field, assistant athletic director.

Tracy Carey was a star for UNO on Friday. The sophomore from Richfield, Minn., hit two home runs in the first game and was three for three at the plate. She let her arm do the work in the second game and pitched her ninth win of the season.

"Tracy's really picking up her hitting. In fact, she has 11 hits in the last 18 at bats, that's batting at .618," Field said. "As far as her pitching, Tracy hasn't given up a run in 17 innings. That's good."

After waiting two hours for the rain to stop, the Mavs put away the first game against North Dakota early when they scored two runs in each of the first two innings. Besides Carey's two homers, UNO also received help from sophomore outfielder Jenni Upenieks, who slugged two doubles in that contest.

In the second game, the Mavs failed to score in the

first inning but from then on, scored at least one run in every inning to coast to the victory. Sophomore infielder Toni Novak had UNO's biggest hit in that game with a triple.

The action moved to Kelley Field, 124th and Fort Streets, Saturday as television station WOWT and Godfather's Pizza sponsored a 14-team tournament. Schools came from as far away as Oklahoma and New Mexico.

UNO moved quickly as sophomore infielder Holly Voss hit two doubles and scored two runs to lead the Mavs to the shutout win against Mesa State of Colorado in the opening game.

Against Minnesota-Duluth, Upenieks went 2 for 3 at the plate, drove in three runs and had one stolen base. Senior outfielder Theresa Tramp also went two for three.

In Saturday's final game, Carey again led UNO and went three for three at the plate and drove in one run.

"The Mavs hit very well on Saturday, especially against Duluth and Adams State," Field said. "They played well considering the elements. It was cold and it affected me. I had a hard time keeping score."

Sunday's championship round was canceled because of rain, so the Mavs finished the event with a 3-0 record, along with Morningside and Augustana.

"The coaches were really disappointed about not playing Sunday. They thought they could win it," Field said.

UNO plays two big opponents this week on the road.

"We play a doubleheader at Augustana on Wednesday and the Vikings are ranked No. 8 in the country in the NCAA Division II and ranked No. 1 in our region. Those will be two big games for us," Field said. "On Saturday, we'll play the nation's top team in Missouri Southern at a tournament at Missouri Western University."

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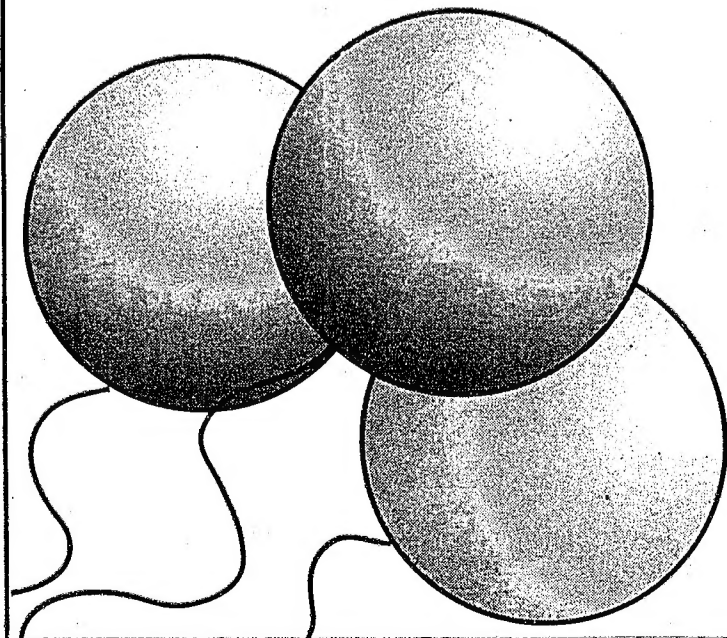
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University's Advice on Picking Mr. Right, Wrong

EVANSTON, Ill.—The old adage about women going to college to earn their Mrs. degree is considered out of date and politically incorrect on most campuses today.

So when some Northwestern University students discovered one of the seminars at a women's career conference offered tips on how to pick up men at the workplace, they were astounded.

"It just focuses on externals, like how to attract a man and how to flirt," says Ellen McCarty, a sophomore majoring in journalism. "It's not about how to deal with self-esteem—with or without a man."

McCarty, 19, and several other NU students are upset about "Defining Mr. Right: A Career Woman's Guide to Choosing a Man," a seminar aimed at teaching the appropriate skills for matching female students with their prospective mates.

The seminar, part of a three-day conference aimed at helping NU women prepare life skills in the workplace after college, is sponsored by The Council of One Hundred, a group of prominent alumnae concerned with NU's future female graduates.

The Council was formed in 1992 as a way to help increase the self-esteem of NU's female students after a university study revealed that many of them felt inadequate in comparison to their male counterparts. The Council holds two conferences each year.

"It's not that the Council isn't doing good things, it's just that they're helping to carry on what may be a larger social problem," says Pearl O'Rourke, a junior majoring in math. "The Council is based on helping NU women gain a sense of higher self-esteem. I would hope that they don't think the way to achieve that is by finding the right man."

McCarty says the seminar didn't bother her until she saw a copy of the book on which the discussion would be based.

"That was offensive," says McCarty

of the 1992 book titled "Redefining Mr. Right" by Janet Glier and 1966 NU graduate Kathleen Neumeyer, who will be leading the seminar. "There were some decent sections about finding someone who doesn't need to make you forget your career, and the importance of that, but that was pretty much cancelled out by the other stuff."

The "other stuff" McCarty refers to are chapters about the art of picking up a man, including such secrets as lipstick application, hair-flipping, inviting glances and cigarette fondling.

"It brings us back about 50 years," says McCarty. "It really doesn't have any redeeming value."

McCarty says the "Mr. Right" seminar is diluting what should be an important subject. "We should be trying to help women deal with these clashing issues—marriage and profession," she says. "Instead we're focusing on finding a mate."

Still, the "Mr. Right" seminar is the most popular Council offering by far, with more than 100 students signed up to date.

"It's frustrating that students think this is what they need to learn to be both happy and successful," says O'Rourke. "The Council of One Hundred shouldn't perpetuate that belief."

Chuck Loebbaka, spokesperson for the university, says he can't remember any other time when students complained about a Council event. Leaders of the Council could not be reached for comment.

Despite her strong feelings, McCarty says that students' opposition to the seminar has been blown out of proportion, adding that a local newscast portrayed students as "up in arms."

"We're not going to protest the event or anything like that. I want to hear what (Neumeyer) has to say," says McCarty. "I just hope we can start a discussion about what's really important, and why something like this is still offensive to women in the first place."

Library Calls Inscription Vandalism

BUTLER, Pa.—Just as his character Arthur Parkinson from the book, "Snow Angels," left his snowy mark behind, author Stewart O'Nan has left his at Butler Community College.

At the request of student Chari Matisko, O'Nan signed his name to a BCC library copy of "Snow Angels," and wrote an inscription that read "For the students of BC3, kick ass!"

But when Matisko went to return the book to the library, BCCC staff librarians told the student that the signed copy was damaged goods and asked her to pay for the book.

"I could have dropped the book off in the drop-off box or left it in the library and never brought it to their attention," said Matisko. "I was very honest about what happened because I didn't have permission."

O'Nan recently promoted "Snow Angels," which is set in Butler, Pa., through a book signing at an area mall. Matisko, a staff writer for *The Cube*, attended the signing and wrote an article about O'Nan and his book. Excited to meet an author, Matisko said she had O'Nan sign her personal copy of "Snow Angels."

After signing her copy, Matisko then asked O'Nan if he would sign a copy that she had checked out of BCCC's library. She added that she explained to the author that she hadn't been granted permission to do so, but felt that the students would be honored.

If BCCC students were honored, its librarians had another reaction. After the signing, Matisko said she went to the library to explain what had happened. The librarians told her that they would have to discuss the situation.

Two days later, when Matisko returned the book, a librarian stamped the book "Discarded," and asked the student to pay for the copy. After Matisko wrote a check for \$12.60, she was handed the book.

In explaining the library's policy in assessing whether a book is defaced or damaged, Martin Miller, the circulation librarian, said: "The first thing I look at is:

Can it be fixed?"

And if it can't be fixed? "You broke it, you bought it," Miller stated.

Veronica Chen, head librarian, refused further comment about the incident and said that it was against policy to discuss a confidential matter involving a circulation transaction between a user and the library.

After paying for the book, Matisko protested the library's decision to various administrators but came away unsatisfied. "I resent that I was made out to look like a bad guy," she said. "I don't even feel comfortable going to my own college library."

The matter now will go before the Student Senate, which will vote on whether Matisko should be reimbursed the \$12.60 that she paid for the book.

Reactions to Matisko's action have been mixed.

Melvin Waisanen, BCCC's dean of students, said, "I've always thought it was a nice thing to do," referring to having an author autograph a book. He added that library policy should be considered, though.

R. Michael Sanderson, dean of instruction at BCCC, said, "The question is: 'Was it her book?'"

"She has no right to take that and have it changed," he said. "The individual was not authorized to do what was done. On that basis, we do not have to accept that book back or put that book back on the shelves."

Jan Lawrence, a librarian at Zellenople Public Library, said if a library patron brought a book back that was signed by an author, she probably wouldn't say anything. It isn't encouraged because it raises the value and makes the book more likely to be stolen, she said.

After all is said and done, Matisko's good intentions may be recognized by her peers. Steve Catt, director of student activities and an advisor of the Student Senate, said he expects the senate will vote Wednesday to reimburse Matisko.

Student Senator Sherry Hunt explained that the reimbursement would be a show of support from the student body.

"We are for the students, and she is a student," she said.

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Prozac an Answer, But Not Cure-all for Students

(CPS) Sally was not happy. So she dropped out of school. "Being smart was never my problem. Actually going to school was," she said. Sally still was not happy. So she began taking drugs. "Amphetamines — crank, mainly — oh, and coke. Still not happy, Sally sought solace from gang members.

"I was into very unhealthy relationships." For five years, Sally's family desperately sought to retrieve some semblance of the Sally they used to know. The anxious, self-destructive person who slept all day and disappeared at night was a stranger. But kindness didn't work. Neither did reasoning nor punishment. By the time Sally was bulimic, her family decided hospitalization was the key and a year of intense therapy followed.

Did therapy change Sally? No. "I had trouble just getting out of bed and brushing my teeth," she said.

The psychiatrists who came and went never said depression was the problem. Rather, it was Sally's family that first suggested her troubles may be rooted in something deeper than rebellion and attitude. They strongly urged her to talk to a psychiatrist about trying a drug called Prozac. Reluctantly, she agreed.

"After about a month of taking Prozac, I started feeling really normal," Sally said. "I stopped having confrontations with my family, and I felt more in control of my moods."

Fast forward a year and a half to February 1995. The days of eating disorders, drugs

and gangs are far behind her. Sally is back in school, a linguistics major, and last semester earned straight A's — "even in Japanese," she said proudly. Her family relationships have never been better. And what about romantic involvements? The wedding is in July.

Not all Prozac stories are as dramatic or successful as Sally's, but now that Prozac is the second most commonly prescribed drug in the nation, there is little doubt it has helped many suffering from depression.

Doubt, though, does exist whether Prozac is safe or properly prescribed. And these doubts are of concern to many students, as young adults compose one of the largest blocks of antidepressant users.

Prozac is leading the new wave of antidepressants, which include Zoloft and Paxil, whose popularity has surpassed the older model tricyclic antidepressants. Boasting fewer side effects and a success rate topping 65 percent, these "happy pills" have revolutionized and mainstreamed the antidepressant industry since Prozac's introduction in 1988. Not only does its popularity show no sign of slowing, but the drug is being prescribed for an ever-wider range of afflictions and bad habits.

For instance: Do you suffer from obsessive-compulsive disorder? Have problems with weight control? Prozac might help. What about addictions — smoking? gambling? See Prozac, Page 11.

Grad Assistants Strike For Right to Unionize

NEW HAVEN, Conn. (CPS) — Demanding the right to unionize so they can bargain for better wages and health care, hundreds of Yale graduate teaching assistants walked out of their classrooms April 3.

If the weeklong strike of 375 humanities and social science assistants is successful, Yale would become the first private university with a graduate student union.

The administration has steadfastly refused graduate students' requests for a union election. It said teaching assistants are not employed by the university but rather are enriching their educations by conducting weekly discussion sessions for lecture courses and by teaching introductory English and foreign language classes.

Yale president Richard Levin was quoted Monday in the *Yale Daily News* as telling students he "would shut Yale down before granting [the graduate students' group] unionization." He previously called a union "inappropriate" and insisted he would never recognize the student organizing group.

"[Levin's stance] is unconscionable," said Gordon Lafer, a former graduate student now working as communications director for the Federation of University Employees at Yale, an umbrella group for the grad students and two other campus unions, one for white-collar and the other for blue-collar workers. "This is not a

19th-century coal mine. This is supposed to be a community for ideas and free discussion. At Yale, that free discussion ends when anyone challenges the unilateral authority of the administration."

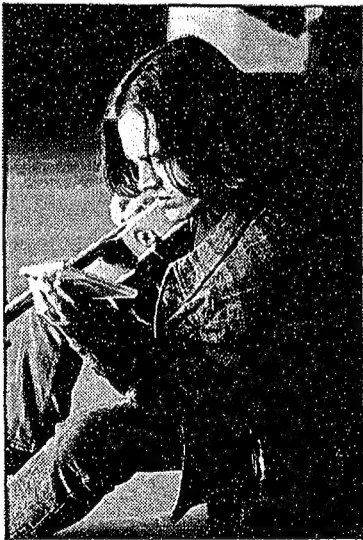
Lafer estimates that about 400 discussion groups and English and foreign language classes will be canceled because of the strike. "In a few cases, professors are trying to cover, but in most cases, classes will be canceled," he said.

The Graduate Employees and Students Organization (GESO), which organized the strike, said members voted 384 to 38 in favor of a strike unless the administration agreed by a March 31 deadline to hold an election. When that failed, grad students walked out.

At a press conference on the first day of the strike, student organizers presented a statement which calls on Yale administrators to recognize the results of a union election among teaching assistants. The statement was signed by more than 300 nationally prominent academics and community and political leaders, including the American Association of University Professors, the American Federation of Teachers and the National Education Association. The statement appeared in the campus newspaper Monday and will run later in the *Chronicle of Higher Education*.

On Thursday, graduate students will

See Teachers, Page 12



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Despite the variety of uses, though, the primary reason for prescribing an antidepressant is still depression. At the University of Texas, more than 2,000 students a year seek help from the Counseling and Mental Health Center, where free individual and group therapy is available.

According to Dr. Gary Morton, a psychiatrist at the counseling center, students have many unique stresses that aren't faced by the general population.

"Students have many issues of separation — separation from family and leaving home," Morton said. "Also the increased responsibility of being independent and the temptations of sex, drugs and rock 'n' roll add to the stress."

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Legally, any doctor can prescribe an anti-depressant, and Prozac's popularity has prompted many non-psychiatric physicians to prescribe the drug for ailments outside the realm of your typical psychiatric disorders.

"But nonpsychiatric physicians are not people who are as familiar with the medication in terms of how long the patients need to be treated or what the indications are," Morton said.

Scary thing is, a veterinarian can prescribe Prozac. And what's scarier is that they do — problematic cats and dogs are now being treated with Prozac. The ultimate Scooby snack.

So why is medication for depressives being prescribed to treat so many problems?

Prozac was the first antidepressant to solely target the neurotransmitter serotonin, a focus that's considered responsible for Prozac's success. Unlike most neurotransmitters, serotonin is located throughout the brain, which may explain why Prozac effects more than just depression.

But it's not the uses of Prozac that concern skeptics, it's the unknowns — namely, the long-term effects. Will the drug be viewed 50 years from now as the modern equivalent of penicillin, or of cocaine?

The latter view is held by Prozac critic Dr. Peter

Breggin. In his book, "Talking Back to Prozac," Breggin notes Prozac's chemical similarity to speed and recalls how amphetamines were prescribed in the 1960s to treat depression in greater numbers than Prozac today. Only later did the hazards of long-term amphetamine use become apparent.

On the other end of the spectrum is Dr. Peter Kramer, who has championed Prozac in his best-selling book "Listening to Prozac."

Writes Kramer: "It can give social confidence to the habitually timid, make the sensitive brash, and lend the introvert the skills of a salesman."

And while the receivers of the nearly 1 million prescriptions written each month along with the doctors writing them may seem to agree, there is still a certain level of nervousness surrounding Prozac's long-term effects. Perhaps it's simply an inherent cynicism of depressives, but many feel there must be a price to pay for all this normalcy in pill form.

ooooo

Long-term effects aside, Prozac is not without more apparent drawbacks. In particular, the drug has been known to hamper a couple of favorite college pastimes: drinking and sex.

At least one former Prozac user, Lillian, stopped taking Prozac because of these interferences. The recent UT graduate suffered from chronic depression or, as she puts it, "being suicidal every day of my life."

During her senior year at UT, Lillian sought help from the counseling center. One of the doctors prescribed Prozac, which she took for a few months.

"I guess maybe I felt a little better," she admits. "But nothing that noticeable."

What Lillian certainly did notice was Prozac's influence on her sex drive.

"It screwed up my sex life, I was no longer orgasmic," Lillian said.

The reduction of sexual sensation and drive is a common complaint among users of antidepressants, though some males find it increases sexual endurance. In Lillian's case, the doctor put her on additional medication to counteract the sexual numbing which, to her horror, made her gain weight.

If that weren't enough, Lillian discovered disturbing things happened when she ignored her doctor's warning and drank alcohol on Prozac.

"Well, you're not supposed to drink while taking the

medication, but of course I did anyway," Lillian said. "I would just get totally insane."

Insane how?

She sighs, "I would get very aggressive and go up to people to say things I would never normally say, I was pretty bitchy. I'd always want to take off my clothes in public places, then I'd black out and the next day people would tell me things I had done."

Psychiatrists will often need to try different antidepressants until finding one that aids the patient with a minimum number of side effects.

For Lillian enough was enough. She quit the medication and still suffers depression today. Though Lillian would consider trying antidepressants again, she is no longer eligible for services at the university and is reluctant to seek help from the state-funded mental health clinic, which offers mental health services on a sliding scale.

Like Lillian, Sally also finds that Prozac affects drinking and sex but has a different attitude toward the inhibitions on her lifestyle.

"I have to watch myself because even just a little bit of alcohol can unleash my anger so, [taking Prozac] encourages me not to drink," Sally said.

In addition to not experiencing the benefits of Prozac, Lillian also didn't receive the positive family support and encouragement Sally did.

"They didn't really want to hear about it, they didn't think I needed to be on medication, they couldn't understand why I was so depressed. 'Just get over it,' they would tell me," Lillian said.

This sort of reaction is why many people, as exhibited by the pseudonyms used in this story, are not comfortable disclosing they use antidepressants. Uninformed friends and family can often view the medication as a dangerous and addictive drug, even after seeing the improvement displayed by people like Sally.

"I think people are so misinformed that some who would benefit from Prozac don't take it because it's so taboo," said Sally. "They worry that taking it means they're crazy."

Whether it's the social taboo or fears of long-term consequences, many Prozac users are uncomfortable with the notion of taking an antidepressant indefinitely. But quitting can be a challenging task. While Prozac and other antidepressants are not addictive and therefore have no withdrawal symptoms, some have found Prozac to be their mental life preserver. And a life preserver is a difficult thing to let go of.

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vote for the first time on whether they want a union. Although not recognized by the university, the election will be monitored by the League of Women Voters and the university chaplain. Results will be announced at a rally later. If students vote pro-labor, GESO hopes it will convince the university to negotiate a contract with them.

Yale graduate students have been

calling for a union for five years. A year ago, most of Yale's 1,587 humanities and social science graduate students signed cards calling for an election. In 1992, grad students struck for three days and won raises for some assistants as well as better health-care and teacher-training policies.

"Yale is supposed to be an intellectual community, governed by rational debate," said GESO chair-

woman Robin Brown. "By stating that they don't care how many people vote, or how big a majority supports the union, administrators are betraying the very values which Yale is supposed to represent."

Teaching assistants and outside lecturers in Yale's 15 humanities and social science departments spend more time in the classroom than full-time professors, a recent

GESO survey found. In the popular history department, for example, TAs taught 132 hours a week while professors taught 83. In classes taught by tenured faculty, grad students assumed just more than half the teaching load.

Graduate students said they recognized the need for faculty to spend more time researching than teaching. What they want, though, is for

the university to acknowledge that they should be recognized as employees for the work they do.

"Yale is relying on teaching assistants to do a huge share of the teaching, grading and advising work," said Eve Weinbaum, a GESO spokeswoman. "And that means they have to give us the same rights which all other workers have—including the right to a union."

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